

# 2023 #MILLIONS MISSING

## Template email: Ask your MSPs to attend the #MEAction Scotland event in parliament

Feel free to copy and paste this template email and add your personal story.

Dear [MSP name],

I am emailing to ask you to please attend the event being hosted by Sue Webber MSP and #MEAction Scotland during ME Awareness Week on Tuesday 9th May. It's a drop-in event from 1-2.30pm, and there will be some short talks around 1.30pm.

ME is a debilitating neurological disease, affecting multiple systems and organs of the body. At least 22,000 people in Scotland - 1 in every 250 - live with ME, and sadly this number is growing as people with Long Covid are now being diagnosed. Currently, the majority of these people cannot access the care and support they urgently need. Volunteers at the event will be available to talk to you about how you can support the ME community in Scotland.

[ADD YOUR PERSONAL STORY/CONNECTION WITH ME HERE

- It's useful to include, if you share your story, how ME affects your life, and the life of the people who care for you/you care for. It's helpful to mention if you have had any support or advice from the NHS and whether this has been useful, or the lack of support and advice you've had.]

I look forward to your response and hope to see that you attend the event.

[Add your full name and address - your address is how your MSP knows that you are in their constituency, so it's important to include it.]