**US LETTER CAMPAIGN**

Dear \_\_\_\_,

*Insert your story here. Share how ME has impacted your life.*

That’s why I am fighting to improve the lives of people with myalgic encephalomyelitis (ME), commonly called chronic fatigue syndrome. ME is a debilitating disease that affects the brain and immune system. It impacts over 1 million people of all ethnicities, ages, and genders in the US and 15-30 million around the world. There are no FDA-approved treatments, and many are left, homebound or bedridden, without any access to medical care.

#MEAction is an organization close to my heart that fights for recognition, medical education, and research for people living with ME. Our goal is to raise $100,000 this holiday season to support the future of #MEAction!

Over the past year, #MEAction has worked hard to:

* Demand that the ME community is heard at #MillionsMissing events across the globe.
* Ensure that people with ME and Long COVID have the access and support needed to navigate their healthy journeys.
* Urge government institutions to prioritize ME in research and acknowledge treatments that are dangerous for people with ME.
* Launch a research survey that will provide data to help generate better care and quicker diagnoses of ME and other similar chronic diseases.
* Supported #MEAction UK in its efforts to apply pressure on The National Institute for Health and Care Excellence (NICE) to publish the updated ME/CFS guideline in the UK.
* Improve outreach to underserved communities through new partnerships.
* Strengthen connections within the ME community through support groups, Artists Salons, and Facebook Live events.

Your donation today will sustain a global community of over 30,000 patients, caregivers, volunteers, and allies for the future. Together, we can work to raise awareness, educate medical doctors, grow the scientific field, and build a thriving community of support and friendship.

To learn more, you can watch #MEAction co-founder Jennifer Brea’s TED Talk, “What Happens When You Have a Disease Doctors Can’t Diagnose”:<http://j.mp/TEDTalkME>.

#MEAction is a 501(c)(3) organization and donations are fully tax deductible for US taxpayers.

I hope you will join me in creating a world where all people with ME have access to compassionate, effective care.

Thank you in advance for your support,

*Signed*