

Watch *Unrest*, the Sundance award-winning documentary about myalgic encephalomyelitis, and receive Continuing Medical Education (CME) credit

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unrest.film/cme

Unrest chronicles the story of Jennifer Brea, a young Harvard PhD student about to marry the love of her life when suddenly her body starts failing her. Hoping to shed light on her strange symptoms, Brea picks up her camera and films the darkest moments as she is derailed by Myalgic Encephalomyelitis (ME), commonly known as Chronic Fatigue Syndrome, a complex and devastating multi-system disease that causes dysfunction of the neurological, immune, endocrine, and energy metabolism systems. Brea's wonderfully honest portrayal asks us to rethink the stigma around a disease that affects millions of people.

The film also features narratives and commentary from Stanford University geneticist Ronald Davis and immunologist Dr. Nancy Klimas.

US healthcare providers – including doctors, nurses, and social workers – can receive continuing education credit for watching *Unrest*. *Unrest* has been accredited for 2.0 AMA PRA Category 1 Credits™ for Physicians 2.0 Category I CEU for Nurses and 2.0 Category I CEU for Social Workers by the American Medical Women's Association and the Indiana University School of Medicine.

To qualify for credit, visit unrest.film/cme and follow the instructions listed. Requirements include watching the film, viewing a 10 minute video on the diagnosis & management of ME, and completing a short quiz. **This CME course is free!**



"Riveting ... Equal parts medical mystery, science lesson, political advocacy primer and even a love story." – *The San Francisco Chronicle*

"Remarkably intimate, deeply edifying and a stirring call to action." – *Los Angeles Times*