

POSTCARDS TO DOCTORS LANGUAGE:

Please note: our experience is that many clinicians in the US do not recognize ME on its own and are more likely to recognize and respond to the name “chronic fatigue syndrome”. If you are uncomfortable using that name, feel free to continue replicating the language using “myalgic encephalomyelitis” on its own. Education is the goal of the Postcards project, and if clinicians don’t recognize the disease as something their own patients experience, we have failed out of the gate. Thank you for considering this!

Language for the postcards should be replicated exactly.

LANGUAGE FOR PEOPLE WITH ME:

Dear Dr. _____,

Myalgic encephalomyelitis/chronic fatigue syndrome (ME/CFS) is a common, often post-infectious disease more important than ever in the time of COVID. Most doctors are still not getting the diagnosis right. This CME has practical advice you can use to diagnose and treat people like me. Check out the Unrest CME at unrest.film/cme.

Thank you,

LANGUAGE FOR ALLIES:

Dear Dr. _____,

Myalgic encephalomyelitis/chronic fatigue syndrome (ME/CFS) is a common, often post-infectious disease more important than ever in the time of COVID. Most doctors are still not getting the diagnosis right. Our CME has practical advice you can use to diagnose and treat people like my (friend/daughter/etc)! Check out the Unrest CME at unrest.film/cme.

Sincerely,



www.meaction.net