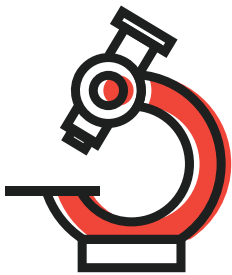


#MILLIONSMISSING

is a global campaign for ME health equality

Myalgic Encephalomyelitis (ME), sometimes known as Chronic Fatigue Syndrome (CFS) or ME/CFS, is a devastating, complex, multi-system disease, which affects the immune system, nervous system, endocrine system and metabolism.

WE DEMAND the following:



Parity of Research Funding

From 2006-2015 ME had £4 per patient per year spent on research funding, a small percentage of which had a biomedical focus. In comparison MS patients had £80 per patient per year. Funding must reflect the impact and severity of this disease.

Remove GET & CBT from the NICE Guidelines immediately

Graded Exercise Therapy and Cognitive Behavioural Therapy have been proved as ineffective treatments for ME and in some cases they can be harmful. Yet NICE say it will take 2 years to update their guidelines. In the meantime more patients are being subjected to these ineffective and in some cases harmful therapies which places them at risk of harm and do not offer effective treatment.



#MillionsMissing | #CanYouSeeMEnow?

For more info on ME, how you can help and a fully referenced version of this leaflet go to: millionsmissing.org



FACTS ABOUT ME/CFS

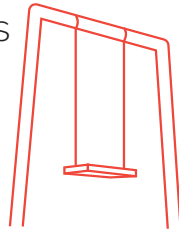
Myalgic Encephalomyelitis / Chronic Fatigue Syndrome

WHO IS AT RISK?

Estimated
250,000
people in
the UK

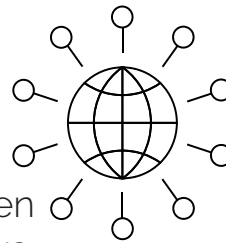


80% of patients
are women



Seen in children
as young as five.

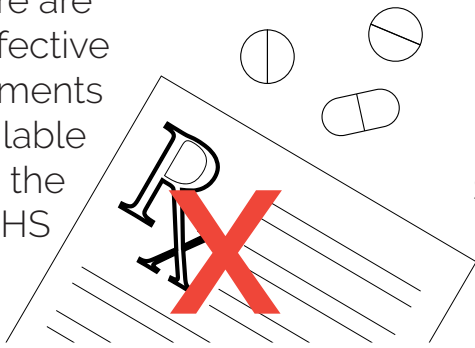
Affects all races.



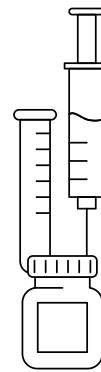
Affects between
15-30 million
worldwide

WHAT IS THE TREATMENT?

There are
no effective
treatments
available
on the
NHS



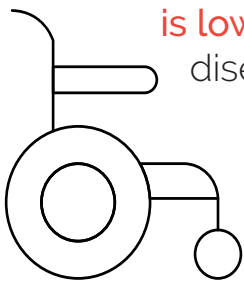
Some medications
may be able to
help symptoms.



Experimental therapies
have helped some
patients, including
antivirals and
immunomodulatory
drugs.

HOW SERIOUS IS THE DISEASE?

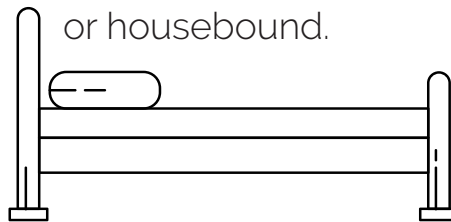
Average **quality of life**
is lowest among all
diseases tested.



75-85%

of patients are not able to work.

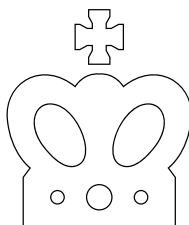
and **25%** are bedbound
or housebound.



Recovery is rare,
estimated at just
5%, leaving many
patients sick and
disabled for the rest
of their lives.

WHAT DOES IT COST OUR COUNTRY?

ME/CFS costs the UK economy
estimated up to **£9 BILLION**
per annum, in estimated medical
expenses and lost productivity
due to patients' inability to work.



The UK Government investment in
bio research is on average **less than**
£0.1 million per annum for the past
50 years (less than £5 million in total).