

#MILLIONSMISSING

is a global campaign for ME health equality

Myalgic Encephalomyelitis (ME), is a devastating, complex, multi-system disease, which affects the immune system, nervous system, endocrine system and metabolism.

WE DEMAND THE FOLLOWING



Parity of research funding:

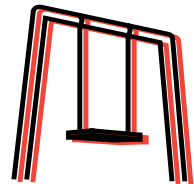
The government must urgently invest in biomedical research after decades of neglecting people with ME. Funding for research must reflect the severity of ME and its prevalence in the UK.



Suspend GET
and CBT
treatments



Update
Professional
Training



Stop Unjustified
Child Protection
Proceedings

#MillionsMissing

#CanYouSeeMEnow?

Learn more and help our fight at: millionsmissing.org
Follow us on Facebook and Twitter @MEActNetUK



FACTS ABOUT ME

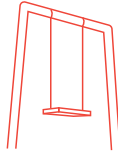
Myalgic encephalomyelitis

WHO IS AT RISK?

Estimated **250,000** people in the UK

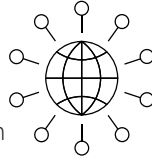


75% of patients are women



Seen in children as young as five.

Affects all races.



Affects between **15-30 million** worldwide

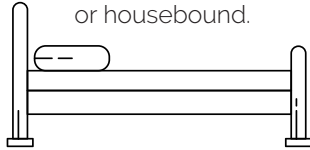
HOW SERIOUS IS THE DISEASE?

Average **quality of life** is **lowest** among all diseases tested.



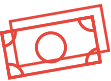
75-85% of patients are not able to work.

and **25%** are bedbound or housebound.



Recovery is rare, **estimated at just 5%**, leaving many patients sick and disabled for the rest of their lives.

RESEARCH



ME receives a **tiny percentage of the research funding awarded to other chronic illnesses** - 20 times less than MS patients. Over the past few years, funding has decreased further.



TREATMENT



Graded Exercise Therapy (GET) and Cognitive Behavioural Therapy (CBT) are the main treatments recommended in the NHS.

GET is harming people with ME. CBT is ineffective.

CHILDREN



Estimated **25,000 children with ME** in the UK. ME is the leading cause of long-term school sickness absence in the UK. **1 in 5 families of children with ME are subjected to unjustified child protection proceedings.**

TRAINING



GPs receive little to no training about ME.

Current continuing professional development courses are outdated and inaccurate.