

Educate your GP now!

You can play your part in educating your GP by sending them this module. We have prepared a sample GP letter for you to send to your surgery.

Use the template below or update it.

Dear (insert GP's name)

I am a patient at your surgery and am writing to make you aware of a [new CPD accredited module](#) available on myalgic encephalomyelitis (ME). I understand that, due to COVID-19, this is a stressful time for the GPs at the surgery. However, recently several studies, referenced in this [article from #MEAction suggested](#) there may be an increase in post-viral fatigue syndromes and specifically ME in patients recovering from COVID-19.

There are some things GPs can do that will significantly improve the quality of life of their ME patients, as this module demonstrates, but finding accurate information on ME can be difficult. Although the current NICE guidelines on ME are out of date, and are currently being revised, the process has been put on hold due to COVID-19. This new module aims to provide both current information and clear guidance for GPs supporting patients with ME right now.

I would be grateful if you could share this module with the rest of the GPs at your surgery.

Best wishes,

(Insert your name and surname)